

505-3-.49 HEALTH AND PHYSICAL EDUCATION PROGRAM

Nature of Amendment(s):

☒ Substantive
☒ Clarification
☐ Further Definition

Discussion:

It is proposed that GaPSC Educator Preparation Rule 505-3-.49, HEALTH AND PHYSICAL EDUCATION PROGRAM, dated May 15, 2014, be AMENDED to simplify ambiguous terms, and to incorporate the applicable requirements specified in Rule 505-3-.03, FOUNDATIONS OF READING, LITERACY, AND LANGUAGE. Also included are non-substantive formatting changes for improved readability.

Current/Amended Sections(s):

(Additions are underlined in bold type; deletions are marked through.)

(1) Purpose. This rule states field-specific content standards for approving initial educator preparation programs that prepare individuals to teach health and physical education in grades P-12, and supplements requirements in GaPSC [Rule 505-3-.01, REQUIREMENTS AND STANDARDS FOR APPROVING EDUCATOR PREPARATION PROVIDERS AND EDUCATOR PREPARATION PROGRAMS](#) and in GaPSC Rule 505-3-.03, FOUNDATIONS OF READING, LITERACY, AND LANGUAGE.

(2) Requirements.

- (a) To receive approval, a GaPSC-approved educator preparation provider shall offer a preparation program described in program planning forms, catalogs, and syllabi addressing the following standards ~~based on~~ **adapted from** the standards published ~~by~~ **published by** ~~the~~ National Association for Sport and Physical Education (NASPE) and American Association for Health Education (AAHE):

1. Professional Knowledge.

- (i) The program shall prepare candidates who know and apply disciplinary-content knowledge and concepts critical to the development of healthy and physically educated individuals;
- (ii) The program shall prepare candidates who can describe and apply physiological and biomechanical concepts related to skillful movement, physical activity and fitness;
- (iii) The program shall prepare candidates who can describe and apply motor learning, psychological/behavioral theory related to skillful movement, physical activity, and fitness.
- (iv) The program shall prepare candidates who can describe and apply motor development theory and principles related to skillful movement, physical activity, and fitness.
- (v) The program shall prepare candidates who can describe and apply historical, philosophical, and social perspectives of health and physical education issues and legislation;
- (vi) The program shall prepare candidates who can describe and apply critical elements of motor skills and performance concepts.
- (vii) The program shall prepare candidates who can describe and apply theoretical foundations of health behavior and principles of learning.

- (viii) The program shall prepare candidates who can describe and apply methods of assessing and promoting emotional, physical and mental health over the lifespan.
- (ix) The program shall prepare candidates who can describe and apply knowledge of disease etiology and prevention practices.
- (x) The program shall prepare candidates who can identify the role of health and physical education in the coordinated school health program.

2. Skill and Fitness Based Competence.

- (i) The program shall prepare candidates who have the knowledge and skills necessary to demonstrate competent movement performance, health-enhancing fitness and health literacy skills.
- (ii) The program shall prepare candidates who can demonstrate personal competence in motor skill performance for a variety of physical activities and movement patterns.
- (iii) The program shall prepare candidates who can achieve and maintain a health-enhancing level of fitness throughout the program.
- (iv) The program shall prepare candidates who can demonstrate appropriate application of performance concepts related to skillful movement in a variety of physical activities.
- (v) The program shall prepare candidates who can demonstrate health literacy skills of an informed consumer using a variety of reliable data resources related to health.
- (vi) The program shall prepare candidates who can demonstrate ability to set goals, develop strategies and implement plans for maintaining and improving health.

3. Planning and Implementation.

- (i) The program shall prepare candidates who can plan and implement a variety of developmentally appropriate learning experiences and content aligned with local, state and national standards in both health education and physical education.
- (ii) The program shall prepare candidates who can design and implement short and long-term plans that are linked to program and instructional goals as well as a variety of student needs.
- (iii) The program shall prepare candidates who can develop and implement appropriate (e.g., measurable, developmentally appropriate, performance based) goals and objectives aligned with local, state, and/or national standards.
- (iv) The program shall prepare candidates who can design and implement content that is aligned with lesson objectives.
- (v) The program shall prepare candidates who can plan for and manage resources to provide active, ~~and fair, and equitable~~ **and fair** learning experiences.
- (vi) The program shall prepare candidates who can plan and differentiate sequential instruction to accommodate learner capabilities and needs.

4. Instructional Delivery and Management.

- (i) The program shall prepare candidates who can use effective communication and pedagogical skills and strategies to enhance student engagement and learning in both health education and physical education.
- (ii) The program shall prepare candidates who can demonstrate effective verbal and non-verbal communication skills across a variety of instructional formats.
- (iii) The program shall prepare candidates who can implement effective demonstrations, explanations, and instructional cues and prompts to link concepts to appropriate learning experiences.
- (iv) The program shall prepare candidates who can analyze student performance and provide instructional feedback which results in skill acquisition, student learning, and motivation.
- (v) The program shall prepare candidates who can recognize the changing dynamics of the environment and adjust instructional tasks based on student responses.
- (vi) The program shall prepare candidates who can utilize managerial rules, routines, and transitions to create and maintain an effective learning environment.
- (vii) The program shall prepare candidates who can implement strategies to help students demonstrate responsible personal and social behaviors.

5. Impact on Student Learning.

- (i) The program shall prepare candidates who can utilize assessments and reflection to foster student learning and inform instructional decisions in both health education and physical education.
- (ii) The program shall prepare candidates who can select or create appropriate assessments that will measure student achievement of goals and objectives.
- (iii) The program shall prepare candidates who can use a variety of appropriate assessments to evaluate student learning.
- (iv) The program shall prepare candidates who can utilize the reflective cycle to implement change in teacher performance, student learning, and/or instructional goals and decisions.

6. Professionalism.

- (i) The program shall prepare candidates who can demonstrate dispositions essential to becoming effective professionals in both health education and physical education.
- (ii) The program shall prepare candidates who can demonstrate behaviors that are consistent with the belief that all students can become healthy and physically educated individuals.
- (iii) The program shall prepare candidates who can participate in activities that enhance collaboration and lead to continuous professional learning.
- (iv) The program shall prepare candidates who can model appropriate professional behaviors.

- (b) **The program shall prepare candidates who meet the P-12 standards for the teaching of reading as specified in Rule 505-3-.03, FOUNDATIONS OF READING, LITERACY, AND LANGUAGE (paragraph (3) (g)).**

~~(b) The program shall meet all requirements specified in GaPSC Rule [505-3-.01, REQUIREMENTS AND STANDARDS FOR APPROVING EDUCATOR PREPARATION PROVIDERS AND EDUCATOR PREPARATION PROGRAMS](#).~~

Authority O.C.G.A. 20-2-200