

505-3-.23 HEALTH AND PHYSICAL EDUCATION PROGRAM

(1) Purpose. This rule states field-specific content standards for approving initial educator preparation programs that prepare individuals to teach health and physical education in grades P-12 and supplements requirements in Rule 505-3-.01, Requirements and Standards for Approving Professional Education Units and Educator Preparation Programs.

(2) Requirements.

(a) To receive approval, a state-approved professional education unit shall offer a preparation program described in program planning forms, catalogs, and syllabi addressing the following standards:

1. The program shall prepare candidates who understand the relationship between health education and physical education programs.

2. The program shall prepare candidates who can organize, plan, implement, administer, and evaluate a total school program of health and physical education.

3. The program shall prepare candidates who know human physiology and anatomy, body chemistry, microbiology, genetics, ecology, and mechanical principles pertaining to the human body and kinesiology.

4. The program shall prepare candidates who know behavioral and social science principles related to health issues, concepts, attitudes, and practices.

5. The program shall prepare candidates who know and apply methods of assessing and promoting emotional, physical, and mental wellness over the life span.

6. The program shall prepare candidates who know and apply principles of health-related physical fitness, conditioning, exercise, nutrition, and the effects of substance abuse on health.

7. The program shall prepare candidates who have knowledge of body defenses; immunization; communicable diseases, including acquired immune deficiency syndrome (AIDS) and other sexually transmitted diseases (STDS); non-communicable diseases; and chronic and degenerative diseases.

8. The program shall prepare candidates who are knowledgeable about consumer health issues, including the health care delivery system and the selection of health products and professional health services.

9. The program shall prepare candidates who are familiar with school-community health services.

10. The program shall prepare candidates who can explain and discuss issues related to human sexuality, teenage pregnancy, and parenting.

11. The program shall prepare candidates who apply safety principles and know principles related to the provision of emergency medical care.

12. The program shall prepare candidates who know and take action to prevent environmental health hazards.

13. The program shall prepare candidates who understand motor development and the function of the body in exercise and movement.

14. The program shall prepare candidates who are prepared to implement fitness education, including fitness assessment and evaluation, education programming, and goal setting for P-12 programs.

15. The program shall prepare candidates who can develop students' performance skills through a variety of physical activities: e.g. aquatics, dance, conditioning and fitness team sports, and outdoor education.

16. The program shall prepare candidates who know and apply safety precautions, injury prevention strategies, principles of water safety, and know the legal issues involved in injury prevention and safety.

17. The program shall prepare candidates who have basic certification in first aid and cardiopulmonary resuscitation (CPR).

18. The program shall prepare candidates who can adapt physical education activities for the individual needs of handicapped learners.

19. The program shall prepare candidates who can deliver health and physical education instruction at secondary, middle, and early childhood levels.

(b) The program shall meet all requirements specified in Rule 505-3-.01 (4.f.), Special Georgia Requirements.

Authority O.C.G.A. § 20-2-200