Athens P-20 Fall Collaborative

MENTAL HEALTH & SELF CARE FOR K-12/UNIVERSITY EDUCATORS

JOIN US FOR A INFORMATIVE, EXCITING GATHERING-DISCUSSION



"If you want to address the burnout problem, the first step is repeating and internalizing this mantra: Burnout is about your organization, not your people." Jennifer Moss



KEYNOTE SPEAKER IS MICHAEL KOBITO, 2022–2023 GEORGIA TEACHER OF THE YEAR

Michael Kobito, Georgia 2022-2023 Teacher of the Year, will be our keynote. Mr. Kobito, a band teacher and director from Bartow County, collaborated on the Georgia Department of Education's Teacher Burnout Report and currently serves on the State Board of Education, as a teacher representative. Come together with colleagues at both the K-12 level and the University level to discuss current initiatives and brainstorm new ideas.

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facebook.com/groups/287531...



YOU ARE INVITED TO JOIN K-12 AND UNIVERSITY COLLEAGUES TO DISCUSS ISSUES RELATED TO TEACHER SELF-CARE AND MENTAL HEALTH

"If we take on a new initiative, we have to take something off of educators' plates. Burnout occurs when we keep piling on too much and creating feelings of overwhelm and fatigue." An Elementary Language Arts Teacher quoted in the Burnout Report. Linked here: <u>https://www.gadoe.org/External-Affairsand-</u>

Policy/communications/Documents/Teacher%20Burnout%20T ask%20Force%20Report.pdf

ATHENS AREA P-20 COLLABORATIVE FALL CONVENING

WHEN

WEDNESDAY, NOV. 2ND, 4:30-6PM

WHERE

IN PERSON AT 2415, SUITE B, JEFFERSON ROAD (FOOTHILLS REGIONAL OFFICE) OR VIA ZOOM

MORE INFORMATION

This program is of interest to teachers, support staff, school and district leadership, and technical colleges and university partners from the Athens P-20 Collaborative Region. For more information and to let us know you will participate, email Tad MacMillan at <u>tmacmillan@piedmont.edu</u> ZOOM LINK with passcode PIEDMONT-<u>https://piedmont.zoom.us/j/4347082832?</u> pwd=NkJjenhUZEFvRkNWM2tPQXZqZEZ0QT09

THE FOLLOWING DISTRICTS/UNIVERSITIES ARE PART OF THE ATHENS AREA P-20 COLLABORATIVE:

SYSTEMS: Barrow County, Clarke County, Elbert County, Foothills Education Charter High School, Greene County, , Jackson County, Madison County, Morgan County, Oconee County,

Oglethorpe County, Walton County, Commerce City, Jefferson City, Social Circle **COLLEGES/UNIVERSITIES:** University of Georgia, University of North Georgia, Piedmont University

RESAs: Northeast Georgia RESA

P-20 Collaboratives are communities united to empower educators to maximize student success.

